

# THE MYERS BRIGGS

TYPE INDICATOR TEST



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## **TYPE INDICATOR TEST**

Ever taken The Myers-Briggs Type Indicator Test? It is really helpful in getting a better understanding of who you are and the way you see the world.

In this part of the program, you are going to take a Myers Briggs test so you can what type you are and continue on our path to discovering **YOU**.

### **WHAT IS MYERS BRIGGS?**

The Myers-Briggs Type Indicator (MBTI) assessment is a psychometric questionnaire designed to measure psychological preferences in how people perceive the world and make decisions.. These preferences were extrapolated from the typological theories proposed by Carl Gustav Jung and first published in his 1921 book Psychological Types.

### **WHAT DOES KNOWING**

### **MY MYERS BRIGGS HELP ME WITH?**

Knowing your Myers-Briggs personality type can offer several benefits, especially in areas like self-improvement, relationships, career, and decision-making. Here are some key advantages:

## **1. Self-Awareness & Personal Growth**

- Helps you understand your strengths, weaknesses, and natural tendencies.
- Provides insight into how you process information, make decisions, and interact with others.
- Can guide self-improvement by highlighting areas where you may want to grow or develop new skills.

## **2. Better Decision-Making**

- Knowing whether you rely more on logic (Thinking) or emotions (Feeling) can help you balance your approach.
- Understanding if you're more structured (Judging) or flexible (Perceiving) can improve how you plan and adapt to situations.

## **3. Improved Communication & Relationships**

- Helps you understand your own communication style and how others may perceive you.
- Can improve relationships by helping you recognize and appreciate differences in personality.
- Useful in dating and social dynamics by understanding compatibility with different personality types.

#### **4. Career Guidance & Job Satisfaction**

- Assists in choosing a career that aligns with your natural strengths and preferences.
- Helps you identify work environments where you'll thrive (structured vs. flexible, independent vs. team-based).
- Can improve leadership skills by understanding how you interact with colleagues and subordinates.

#### **5. Stress Management & Mental Health**

- Helps identify what drains your energy and what recharges you (Introversion vs. Extraversion).
- Can offer strategies for handling stress in a way that suits your personality type.

#### **6. Dating & Attraction**

- Understanding your personality type can help you recognize patterns in attraction and compatibility.
- Can provide insight into how you naturally express and receive love.
- Useful for understanding dynamics between different personality types in dating.

The more you know about how you work and who you are at the core, the more you can begin to own these things about you.

Below is a chart of all the different types of personalities that exist within Myers Briggs.

<b>ISTJ</b> Doing what should be done	<b>ISFJ</b> A high sense of duty	<b>INFJ</b> An inspiration to others	<b>INTJ</b> Everything has room for improvement
<b>ISTP</b> Ready to try anything once	<b>ISFP</b> Sees much but shares little	<b>INFP</b> Performing noble service to aid society	<b>INTP</b> A love of problem solving
<b>ESTP</b> The ultimate realists	<b>ESFP</b> You only go around once in life	<b>ENFP</b> Giving life and extra squeeze	<b>ENTP</b> One exciting challenge after another
<b>ESTJ</b> Life's administrators	<b>ESFJ</b> Host and hostesses of the world	<b>ENFJ</b> Smooth talking persuaders	<b>ENTJ</b> Life's natural leaders

Below are a few links to different Myers Briggs free tests.

As these are not sites owned by The Wing Girl Method Inc., we can not control what these sites do.

If you click on a link and the test is no longer there, please google or ChatGPT Free Myers Briggs Quiz and you will find countless options.

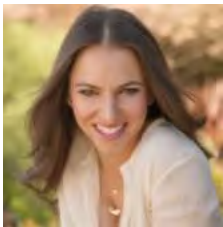
Please take the quiz now and then tell me or your Wing Girls what type you are!!!

**Personality Test - [Click Here](#)**

\*If the link does not work, copy and paste this link:

<https://www.16personalities.com/free-personality-test>

Let us know your personality types and what type of woman is best for you.



**Marni**  
**Your Personal Wing Girl**